CLS
Complete Life Solution

Natural Astaxanthin

One of Nature's Powerful Antioxidants

6,000 times stronger than vitamin C
800 times stronger than CoQ10
550 times stronger than Vitamin E
550 times stronger than green tea catechins
75 times stronger than alpha lipoic acid
40 times stronger than beta-carotene
17 times more potent than grape seed extracts [1]
Generally Recognized as Safe (GRAS) by FDA [2][3]

Good Manufacturing Practice GMP Product

ONE MONTH SUPPLY 31 SOFTGELS ONE SOFTGEL DAILY

MADE IN USA

Potent Skin Protection from the Inside Out

Recent studies show that astaxanthin can rejuvenate skin from within [4][5][6]. It has the ability to scavenge skin-damaging free radicals [4][7][8]. Astaxanthin is widely distributed through most organs in the body, and it also accumulates in the skin, where it makes its way into all skin layers [9] [10]. This can provide potent protection against ultraviolet radiation [4]. Skin cells that are exposed to ultraviolet light produce bursts of free radicals that trigger aging effects such as skin sagging and wrinkles [4][11]. When astaxanthin is applied to skin cells in culture, it prevents the ultraviolet-induced destructive effects, suggesting that it significantly prevent ultraviolet-induced skin aging [4][11][12].

Boosting Immune Function

Studies demonstrate that astaxanthin helps balance the immune system by stimulating cellular immunity while also helping suppress the overactive immune responses [13]. Astaxanthin increases the numbers and activity of white blood cells called lymphocytes and natural killer cells that are responsible for creating the body's innate immune response to invaders [14][15][16].

Slowing Brain Aging

Unlike many other antioxidant molecules, astaxanthin can cross the blood-brain barrier, allowing it to saturate and protect brain tissue [17]. These features have led experts to label astaxanthin a"natural brain food" [17]. A human study has showed that astaxanthin may improve cognitive health scores and learning scores in healthy middle-aged and elderly subjects with age-related forgetfulness [18][19].

Prevent Massive Body Weight Gain

Astaxanthin supplementation also prevents massive body weight gain in animals fed high-fat or high-fructose diets [20][21]. In overweight and obese humans, astaxanthin suppresses lipid peroxidation and stimulates healthy natural antioxidant defenses in the body [22]. Lab studies reveal that astaxanthin improves metabolism by activating the post-receptor insulin signaling and by reducing oxidative stress, lipid accumulation and proinflammatory cytokines in obese animals [23-26]. In addition, astaxanthin preserved the ability of the pancreas to secrete insulin [23].

Protecting Cardiovascular Health

Astaxanthin can modulate the oxidative condition and may improve vascular histology and endothelial function in rats. In humans and animals, astaxanthin helps to normalize lipid profiles while boosting beneficial HDL-cholesterol [30][31]. Astaxanthin also improves the stability of blood vessel structure by decreasing macrophage infiltration and apoptosis [32]. In the heart muscle itself, astaxanthin boosts mitochondrial energy delivery, which helps the heart muscle contract more powerfully and efficiently [33].

Important Promoter of Eye Health

In laboratory studies, astaxanthin supplementation protects retinal cells against oxidative stress and significantly reduces the area of destructive new blood vessel growth on retinas [34] [35].

Krill Oil VS Natural Astaxanthin

Many natural sources such as krill and Haematococcus pluvialis contain astaxanthin, but its concentration in Haematococcus pluvialis is much higher than other sources. The following sources can be found in nature with the approximate astaxanthin concentrations [36][37] :

Source	Astaxanthin Concentration (ppm)
Salmonids	~ 5
Plankton	~ 60
Krill	~ 120
Arctic shrimp (P borealis)	~ 1,200
Phaffia yeast	~ 10,000
Haematococcus pluvialis	~ 40,000

Why Choose Natural Astaxanthin from Algae?

Synthetic astaxanthin and natural astaxanthin from Haematococcus pluvialis microalgae are completely different, not only in antioxidant potential, but the molecules are also different in three stereoisomers. One comparison study showed that astaxanthin from Haematococcus pluvialis microalgae is approximatedly 20 to 50 times more active in singlet oxygen quenching and free radical elimination than synthetic astaxanthin [38]. Furthermore, all the human clinical research showing a wide variety of health benefits has been performed exclusively on natural astaxanthin from algae.

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